



Mr. Hicham Mouallem MD FRCS

Career to date **General Medical Council**
GMC Specialist Register No. 6095647

Specialist Register
20 October 1995

General Surgery
University of Ancona

1999 - 2005
Plastic and Cosmetic surgery
Rio de Janiero –Brazil
Prof .I.Pitanguy-Dr.F.Hakme

Medical Education	University of Ancona	1983-1990
Medical Qualifications	University of Ancona	1991-1995
CCST in Cosmetic Surgery	Rio de Janiero-Brazil	1999-2004

EXPERIENCE/PRACTICAL SKILLS

Throughout my career I have carried out a high volume of surgical operations covering a variety of plastic and aesthetic procedures including but not limited to, breast surgery (augmentation, uplift and reduction). blepharoplasty, liposuction, abdominoplasty, facelift, thigh lift, arm lift and buttock lift.

My junior appointments were particularly enjoyable working alongside internationally known surgeon. I also gained valuable experience in the department of plastic surgery at the University of Ancona followed by further training in Brazil in Rio de Janiero with Prof. Pitanguy, and Dr Hakme in Sao Paolo with a wide and varied amount of training in aesthetic surgery. In particular, I received huge benefits from my residency training with Prof. Landi in the department of General surgery.

This experience gave me excellent grounding to proceed to where my career is today.

Since 2004 I have practised an innovative technique for breast and facial surgery with particular attention to minimising scarring, giving patients excellent results. The dual plane technique for breast surgery offers patients a very natural looking appearance. .

2010 completed training and gained an international certificate in the latest cosmetic procedure of Vaser High Definition liposculpture.

I consider myself to hold all the necessary clinical and interpersonal skills to perform at an exceptionally high standard.

EMPLOYMENT

- **2012** – The Hospital Group – Private practice in London
- **2011- the Hospital Group and private clients –Uk**
- **2010** - Surgicare, Belvedere Clinic, plus private clients-London -UK
- **2009** - Surgicare Cosmetic Surgery Group, private clients-London -UK
- **2007- July 2009** - Elyzea Brussels cosmetic surgery –Brussels –Belgium
- **2005-2006** - The Harley Medical Group –London-Uk
- **2004-2005** - Linia Cromwell clinic-London -UK

From 1993 I performed a high number of surgical procedures with private patients in Italy, and from 2004 I've worked with a variety of clinics and private patients in the UK. In all these periods I have performed a large number of cosmetic surgery of the body and face including a new approach to new techniques with minimal scaring .

August 1993 – 2004
Plastic and General Surgeon Department of General and Plastic Surgery
Private Hospital
Villa Igea
Ancona, Italy

1991-1993
General Surgery Dept.of General and Plastic Surgery
Private Hospital
Villa Adria
Ancona, Italy

Head of the general surgery service at the Italian private hospital, VILLA ADRIA, this was closely linked to the regional public hospital of the university of Ancona.

I performed approximately 150 operations per year including breast surgery, face, eyelids and abdominal wall surgery.

From 1993 I was head of the unit of plastic and aesthetic surgery unit in a private hospital VILLA IGEA in Ancona, in charge of a variety of breast reconstructive surgery and all types of aesthetic surgery.

TRAINING

- Residency in General surgery- Italy
- Residency in Plastic surgery-Italy
- Fellow Resident (Fellowship in General and Plastic surgery)-Italy
- Fellow resident (Fellowship in Plastic and Cosmetic surgery) Rio de Janiero-Brazil

November 1990 - October 1995 University Hospital,
University of Ancona ,
Ancona , Italy, Prof. E.Landi

The University Teaching Hospital of Ancona is one of the most important tertiary referral centres in Italy. During my 5 years there I worked very closely with Prof. E. Landi which was a great privilege as he is regarded as being one of the best breast specialists.

During my time there I witnessed a large number of patients with breast disease and performed breast reconstruction and abdominal pathology, laparoplasty and abdominoplasty.

Throughout my fellowship, I lectured at the hospital and gave presentations at hospital meetings and congresses. From 1999 – 2005 I worked in a private hospital in Rio de Janiero, Brazil where I was exposed to all kinds of plastic and aesthetic surgery under the control of Dr. Farid Hakme – Hospital Interplastica. This was at The Plastic and the Aesthetic surgery school of Rio de Janiero.

EXPERIENCE ABROAD

Throughout my career, I have endeavoured to consolidate my expertise by offering patients in Italy and the UK my skills and experience. In 2000, I spent 3 months in Rio de Janeiro Brazil, studying with the Brazilian Society of Plastic and Aesthetic Surgery, Dr Farid Hakme (Hospital Interplastica).

- 2001 One month at Rio de Janeiro Brazil observing Prof Ivo Pitanguy in both clinical settings and theatre.
- 2002 One month at Hospital Interplastica in Rio de Janeiro with Dr. F Hakme.
- 2003 Two months course on prosthetics and buttock lift with Dr. R. Gonzales at his private clinic in Riberao Preto near to Sao Paolo. Thereafter I spent another two weeks in Rio de Janeiro with Dr. F. Hakme at Hospital Interplastica.
- 2004 – 2005 Completed a new stage in cosmetic surgery in Brazil (Rio de Janeiro) specialising in a new technique for facelift and blepharoplasty (eyelid surgery).
- 2006 - 2007 Participated at the ISAPS congress and the Brazilian Society of Plastic and Cosmetic Surgery in Rio de Janeiro spending two months learning the latest techniques at the mini-invasive cosmetic surgery school.
- 2008 attended the Brazilian conference in Rio de Janeiro and participating on up to date training at the Interplastica Hospital in Rio de Janeiro on the latest techniques on cosmetic surgery procedures .
- 2009 attended different conferences in Italy and in Brazil of cosmetic surgery

- 2010 Bogota, Columbia, completed and gained the international certificate in Vaser High Definition liposculpture with hands on patients surgery and follow ups.
- 2011 Attended the Italian conference in Milan of aesthetic and plastic surgery and the Brazilian conference as well .

I have been working in the private sector in the UK since 2005 undertaking a wide range of cosmetic procedures both in general and local sedation anaesthesia, a mixture of day and overnight cases.

I have my admitting privileges in the following London Hospitals:

- Highgate Private Hospital
- BMI Garden Hospital
- Advanced Surgery Centre
- Queen Anne Street Medical Centre
- The Wimpole Clinic
- Dolan park – Bromsgrove
- Cambridge Park Hospital

MANAGEMENT AND ADMINISTRATION

Excellent administrative and management skills.

COMPUTER SKILLS

Computer literate and conversant with Microsoft Office.

HOBBIES:

At school and University I was a keen basketball player. I enjoy many sports as a spectator, and participate in sport to unwind from a busy schedule.

Fluent in 6 languages (written and verbal): Italian, French, English, Portuguese, Arabic (inc Lebanese) and Spanish.

MEETINGS AND COURSES ATTENDED

I've participated in many conferences in Italy and the rest of Europe (France, Austria, and Spain) as well as in the United States (New York) and Brazil (Rio de Janeiro, Sao Paulo).

MEMBERS OF LEARNED SOCIETIES :

- **ASSECE** (Aesthetic European Association).
- **SBCP** (Brazilian Society of Plastic Surgery).
- **GMC** (Full Registration and Specialist Practitioner)
- **FRCS** (Fellow of the Royal College of Surgeon of England)
- **ORDRES DES MEDECINS BELGIQUE** – Belgium.
- **BMA** (British Medical Association)
- **IDF** (Independent Doctors Forum)
- **RSM** (Royal Society of Medicine)
- **SICPRE** (Italian Society of Plastic and Aesthetic Surgery)
- **LSPRAS** (Lebanese Society of Plastic and Aesthetic Surgery)